GUIDANCE BULLETIN

Preschoolers, Elementary, and Middle School | **Issue 47**

Dear Parents,
Welcome to our Guidance Bulletin!
Let us begin by thank God that this issue is an unusually well-rounded issue that covers the Spiritual, Intellectual, Emotional, Physical, Social, and Vocational aspects of our students' development.

The "Spiritual dimension" is the deep value or desire to be in the healthy development of the other dimensions. Spiritual development is a process of discovering and nurturing the inner life that is characterized by transcendence and the ability to see beyond the immediate and ordinary to what is meaningful, purposeful, and sacred.

The concepts of psychology, as a independent science, are at the core fundamental "Love and Relationship" between the individual and himself, the individual and others, the individual and society and the individual and the universe. Our students need to understand the importance of loving themselves and others, and how to develop healthy relationships with others, starting with loving God and the rest of the hierarchy of their value and belief system.

Our students need to understand the importance of loving themselves, and how to find the Higher Self, which is the Spiritual Self, and how to develop healthy relationships with others, starting with loving God and the rest of the hierarchy of their value and belief system. Our students need to be an independent of social stereotypes, who are not ill in social stereotypes, but who are open-minded and tolerant.

Let's pray that the Holiness is our Foundation.

Dear Grace,
Dr. Nancy Ibrahim
Head of Psychological Counseling and Guidance Department

Preschool

Healthy Boundaries

Parents healthy boundaries go an the opposite to get in their emotions, care about our children, and protect our children from the negative emotions of others. Healthy boundaries are the ability to know what belongs to us and what belongs to others and what they have control over and what.

Self-Control
Dr. Nancy Ibrahim
Head of Psychological Counseling and Guidance Department

Primary School

The Impact of Our Thoughts on Our Lives Leading from Different Perspectives

Our thoughts, experiences, feelings and behaviors are in a certain way. And it of their affects the other. Our thoughts are the most important factor in our life because our thoughts are the seeds of our actions, our feelings, our behaviors, our relationships, our success, our failure, our joy, our sorrow, our health, our sickness, our life, our death, our heaven, our hell, our Lord, our God, our Father, our Holy Spirit, our Holy Bible, our Church, our Family, our Friends, our Country, our Language, our Culture, our Ethnicity, our Nationality, our Ethnicity, our Nationality, our Ethnicity, our Nationality